



Community Mental Health Association of Michigan

ANNUAL WINTER CONFERENCE

February 4 & 5, 2020

Pre-Conference Institute | February 3, 2020 | 1-4pm

Radisson Plaza Hotel
Kalamazoo, Michigan

"CHARTING THE COURSE TOGETHER"



PRE-CONFERENCE INSTITUTE

Monday, February 3, 2020 | 1:00pm – 4:00pm

Building Collaboration Between Psychology and Law Enforcement on Violence Indicator Recognition

Monday, February 3, 2020

1:00pm – 4:00pm Training (12:30pm Registration)

This presentation will use a documentary of a police ambush to discuss the psychological factors and behavioral indicators exhibited by the perpetrators of the crime. Warning signs and indicators of individuals on a pathway toward violence will be presented from the viewpoints of law enforcement and mental health. Participants will be able to: 1. Understand the pathway to violence; 2. Understand human development and its impact on personality; and 3. Identify indicators of the potential for violence.

3 CONTINUING EDUCATION HOURS

Social Workers: This pre-conference “Building Collaboration between Psychology and Law Enforcement on Violence Indicator Recognition” (2/3/20) **qualifies for a maximum of 3 Continuing Education hours.** The Community Mental Health Association is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818.

Substance Abuse Professionals: CMHA is approved by Michigan Certification Board for Addiction Professionals (MCBAP). CMHA maintains the responsibility for the program and content. **Substance Abuse Professionals participating in the pre-conference “Building Collaboration between Psychology and Law Enforcement on Violence Indicator Recognition” course (2/3/20) may receive a maximum of 3 RELATED contact hours.** It is important that attendees keep a copy of the conference program brochure containing the workshop descriptions along with their attendance record form.

Certificate Awarded: At the conclusion of this conference, turn in your Certificate of Attendance form to the CMHA Staff to be approved. You will turn in the top sheet & retain the bottom sheet which serves as your certificate. No other certificate will be given.

About the Presenters:

**Terri Glisson, JD, LPC, Program and Management Analyst, Office of Partner Engagement
Federal Bureau of Investigation**

Terri L. Glisson, JD, LPC, joined the FBI in 2009 after completing law school at Cleveland Marshall College of Law in Cleveland, OH. Prior to her present position with the Office of Partner Engagement, Terri worked for the Critical Incident Response Group and the Counterterrorism Division. Currently based at FBI Headquarters in Washington, D.C., she previously served in field offices in Jackson, MS and Detroit, MI. Prior to the FBI, Terri worked in education and mental health. Her particular area of clinical expertise is child and adolescent development and trauma. Past career experiences include Director, Adolescent Unit-Charter Psychiatric Hospital, St. Simons Island, GA; Clinical Director, Golden Isles Children's Advocacy Center, Brunswick, GA; and Clinician with the Georgia Department for Juvenile Justice, Dalton, GA.

John Blue, MPA, MA, EDLE, Senior Deputy Police Chief, Portage Department of Public Safety

Senior Deputy Chief John Blue has been in law enforcement for over 32 years. He has extensive experience in all operational and administrative areas of law enforcement. These areas include: Patrol, SWAT Operator/Supervisor, Instructor, Community Policing Officer, Training Division Supervisor, Accreditation Manager and State Accreditation Assessor, Detective Bureau Supervisor, Patrol Sergeant, Operations Lieutenant and Senior Deputy Chief of Operations. In 2018-2019, John completed a 6-month Executive Fellowship with the FBI (Washington) and was assigned to the Active Shooter Initiative/Task Force. John has presented and instructed throughout the U.S. and at the FBI National Academy on topics including: Officer Response Tactics, Assailant Predication, Behavioral and Mental Health Response, and Threat Assessment.

Pre-Conference Institute Registration Fee: (includes training materials and refreshments)

\$60 CMHA Members

\$72 Non-Members

- Payment will be required prior to attendance. Purchase Orders are not considered payment.
- Payment methods available in advance and onsite: credit card, check or exact cash.
- If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHA.
- All No Shows will be billed the full amount
- **Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$15 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.**
- **Severe Weather Policy:** Trainings will take place as scheduled and we will not be able to refund training fees. In the event of severe weather, please check the www.cmham.org website for scheduling delays and event updates.

[CLICK HERE to Register for the Pre-Conference Institute](#)

KEYNOTE SESSIONS



National Perspective: Landscape and Opportunities for Community Mental Health

Melissa Bailey, MA, Senior Fellow, Center for Health Care Strategies, Inc.

This keynote will provide a national scan of the current landscape of the community mental health system and the opportunities that should be focused on. This will include a high-level description of VBP from a national environmental scan as well as the growing focus on children's mental health, early childhood social/emotional health, multi-generational approaches and social determinants of health. Participants will be able to: 1. Understanding of the value based approaches and opportunities for community mental health to further their contribution to positive outcomes in health care; 2. Understanding of a multi-generational approach that includes addressing both the child and parents needs to more positive health trajectory in the short, mid and long-term; and 3. understanding the intersection of mental health, SDOH and health care that includes family voice as central and a health equity lens.



Real Men Do Cry: A Guide to Mental Fitness

Eric Hipple, Mental Health Outreach Specialist, NFL Alumnus, Detroit Lions

We are all too familiar with the stresses in life and the damage it can do to the biology and the psyche of a person. Resilience, solution-oriented thinking, positive attitude and decision-making with a strong dose of purpose is the foundation for mental fitness. That doesn't mean that things won't go wrong, they often do in life, but just surviving is not enough, it is also about thriving. Mental health is a continuum; by definition it is a sense of wellbeing where one can reach their full potential and be productive, be part of his or her community, have healthy relationships and handle the normal stresses of life. Mental fitness is a key component in managing our mental health. It gives us the ability to care for ourselves and make sure we're physically and emotionally able to do so.



The Importance of Helping Individuals Achieve their Personal Goals – Resources and Tools

Debra A. Pinals, MD, Medical Director, Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services

Helping clients achieve their personal goals using person-centered planning and support in the least restrictive environments are important aspects of CMH services. The importance of people being served in the right place and right time for their needs is a priority. As such, policies like Careflow help the State of Michigan link state hospital services with community mental health to better support clients together. At the same time, the legal regulations of mental health practice require providers to have an awareness of the latest aspects of the mental health code. This talk will review updates on behavioral health, the importance of Careflow as well as the roles of voluntary services and the roles and parameters of assisted outpatient treatments to better support clients with mental health and other challenges.



Behavioral Health Transformation Update and Breakout Discussions

Sarah Esty, Senior Deputy Director, Policy and Planning Administration, Michigan Department of Health and Human Services

In December, MDHHS announced plans to transform Michigan's behavioral health system. The state is proposing a move towards a dedicated statewide crisis and safety net system through the CMHs, with multiple Specialty Integrated Plans to provide comprehensive physical and behavioral health care to individuals with Medicaid – including a statewide public-led plan. MDHHS will provide a brief update about the proposal plans and stakeholder engagement process, then break out into smaller group discussions to receive targeted feedback from attendees.

CONFERENCE AGENDA

[CLICK HERE to Register for the Winter Conference!](#)

CONTINUING EDUCATION INFORMATION:

Social Workers: This pre-conference “Building Collaboration between Psychology and Law Enforcement on Violence Indicator Recognition” course (2/3/20) **qualifies for a maximum of 3 Continuing Education hours**. This “Annual Winter Conference” course (2/4/20-2/5/20) **qualifies for a maximum of 8 Continuing Education hours**. The Community Mental Health Association is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818.

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Certificate Awarded: At the conclusion of this conference, turn in your Certificate of Attendance form to the CMHA Staff to be approved. You will turn in the top sheet & retain the bottom sheet which serves as your certificate. No other certificate will be given.

Certificate Issued by: Christina Ward, Director of Education & Training, cward@cmham.org; 517-374-6848

Grievance: If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation or you may contact CMHA 517-374-6848 or through our webpage at www.cmham.org for resolution.

MONDAY, FEBRUARY 3, 2020

12:30pm

Pre-Conference Institute Registration Open

1:00pm – 4:00pm

Pre-Conference Institute: Building Collaboration between Psychology and Law Enforcement on Violence Indicator Recognition

■ Qualifies for 3 CE Hours for Social Work + Related MCBAP Education Contact Hour

(Separate Fee: \$60 CMHA Members; \$72 Non-Members)

This presentation will use a documentary of a police ambush to discuss the psychological factors and behavioral indicators exhibited by the perpetrators of the crime. Warning signs and indicators of individuals on a pathway toward violence will be presented from the viewpoints of law enforcement and mental health. Participants will be able to: 1. Understand the pathway to violence; 2. Understand human development and its impact on personality; and 3. Identify indicators of the potential for violence.

[CLICK HERE to Register for the Pre-Conference Institute](#)

2:30pm – 5:00pm

Earlybird Registration for CMHA Winter Conference

3:00pm – 3:45pm

CMHSP/PIHP Board Chairperson Roundtable & Networking

This roundtable will be an informal gathering of chairpersons to discuss the latest issues affecting board members. Hear solutions used by chairpersons to overcome challenges in their board. Compare notes and learn what works and what doesn't. Bring your questions and be ready to be an active participant in this lively discussion! If the board chairperson is unable to attend, a board member may come in their place.

4:00pm – 5:30pm

Executive Board Meeting

7:30am – 5:00pm Conference Registration and Exhibits Open

7:30am – 8:15am Group Networking Breakfast

8:15am – 8:30am Conference Welcome

8:30am – 9:30am

Keynote: National Perspective: Landscape and Opportunities for Community Mental Health

■ Qualifies for 1 CE Hour for Social Work + Related MCBAP Education Contact Hour

– *Melissa Bailey, MA, Senior Fellow, Center for Health Care Strategies, Inc.*

This keynote will provide a national scan of the current landscape of the community mental health system and the opportunities that should be focused on. This will include a high-level description of VBP from a national environmental scan as well as the growing focus on children's mental health, early childhood social/emotional health, multi-generational approaches and social determinants of health. Participants will be able to: 1. Understand the value based approaches and opportunities for community mental health to further their contribution to positive outcomes in health care; 2. Understand a multi-generational approach that includes addressing both the child and parents needs to a more positive health trajectory in the short, mid and long-term; and 3. Understand the intersection of mental health, SDOH and health care that includes family voice as central and a health equity lens.



Melissa Bailey, MA, is the former Commissioner of the VT Department of Mental Health, having previously served as the Deputy Commissioner, and has worked in a variety of roles at the department and for the VT Agency of Human Services. She has led integration, service delivery and payment reform work and the development of new programs with a focus on quality improvement and positive outcomes for people seeking and engaging in services. Ms. Bailey has also worked for Vermont's community mental health centers' network development and trade association organization as the quality director, as the clinical director of a large state-wide private mental health practice, and as a school-based clinician for a community mental health center. Ms. Bailey earned a master's degree in mental health counseling from Northern Vermont University and is a licensed clinical mental health counselor in Pennsylvania. She is currently a Senior Fellow at the Center for Health Care Strategies (CHCS). In this role, she primarily provides technical assistance and strategic consultation on a variety of topics including child and adult mental health, trauma, adolescent substance use, and integrating care for complex populations. Her focus has always included the voice of individuals, family and youth in the system of care and implementing health promotion and prevention strategies which includes early intervention and high-end treatment of complex populations, addressing toxic stress and the impacts of social determinants of health.

9:30am – 10:00am Exhibitor Refreshment Break

10:00am – 11:30am Concurrent Workshops 1-7:

1. Crisis Intervention Teams: The Importance and Benefits of Community Collaboration

■ Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

– *Meghan Taft, LLP CAADC, CIT Coordinator/Community Outreach, Summit Pointe*

– *Melinda Holliday, LMSW CAADC, Crisis Clinician, Summit Pointe*

– *Jim Blocker, Chief of Police, Battle Creek Police Department*

The Crisis Intervention Team (CIT) program is a community partnership of law enforcement, mental health/addiction professionals, individuals with lived experience, their families, and other advocates. Since starting our collaboration at the Battle Creek Fusion Center in 2017 we have quickly learned the value of partnering with law enforcement and other agencies to improve community response to those in crisis. Learn how we started our program, continue to maintain our CIT program, and the successes we have seen. Also, learn how we have been able to partner in creative ways to better serve individuals in crisis in our community. Participants will be able to: 1. Identify strategies as mental health professionals to collaborate with law enforcement; 2. Identify components of a successful CIT program; and 3. Identify situations in which partnerships in your community could enhance your community crisis response.

2. Michigan's Infant and Early Childhood Consultation

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - Amber Walker, LPC, IMH-E, Early Childhood Social Emotional Consultant, Elizabeth Upjohn Community Healing Centers
 - Melanie Gwizdala, LMSW, IECMH-E, Clinical Therapist, Genesee Health System
 - Jill Wilson, LMSW, IMH-E, Social Worker, Social Emotional Consultant, Macomb County CMH Services

For over three years, Michigan has been working hard providing consultation to childcare programs, collecting data on expulsions, and developing a model of mental health consultation to be sought after by other states. Rooted in principles of Infant Mental Health and following research completed by Dr. Walter Gilliam and his team at Yale University, mental health consultants throughout the state have been supporting childcare programs to prevent expulsion and suspensions while also improving social emotional development in the classroom. The research has shown that mental health consultation not only helps to reduce the rate of preschool expulsions, but also reduces teacher stress, increases access to community supports for families, and builds social emotional skill development for all young children in the classroom. This presentation will provide information about mental health consultation as a practice, data on the work that has been done throughout Michigan in the last three years, and ideas for expansion throughout the state. Participants will be able to: 1. Learn about Preschool to Prison Pipeline and early childhood expulsion; 2. Understand the benefits of mental health consultation for children, families, programs, and the state; and 3. Learn how to integrate into your county to expand services throughout the state of Michigan.

3. Elder Abuse and Financial Exploitation

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 Recipient Rights CEU Hours Category I
 - Scott Teter, Assistant Attorney General and Division Chief, Michigan Office of Attorney General

This presentation will cover the definitions of vulnerable adult abuse, neglect and financial exploitation under Michigan Law. It will include a detailed review of the Standard Investigation Form for law enforcement and adult protective services for vulnerable adult investigations. It will include an explanation of the applicable criminal statutes and the power of attorney statute. It will also include a review of the Elder Abuse Task Force and the nine initiatives it is working on. Participants will be able to: 1. Define vulnerable adult abuse, neglect and financial exploitation; 2. Identify investigation techniques for financial exploitation; and 3. Explain standard investigation form APS, Law Enforcement, Prosecutors, etc.

4. Treatment Planning with ASAM Levels of Care in a Treatment Setting

- Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours
 - Patrick McGinn, MA, MS, LLP, CAADC, CEO, Harbor Hall, Inc.
 - Peter Bucci, MA, LPC, ACS, CAADC, CCS, Clinical Director, Harbor Hall, Inc.

This presentation will give clinicians and providers a practical understanding of how to apply the standards in a treatment setting. A clinician's ability to justify treatment is for the service of their client. Helping the provider utilize the full extent of the ASAM dimensions and Levels of care to provide the quality care desired while meeting the industry standard. Participants will be able to: 1. Identify Education of ASAM Dimensions and Levels of Care; 2. Learn how to integrate treatment planning with the Levels of Care and client Dimensions; and 3. Provide and match full spectrum of treatment based on clients need.

5. Strength-Based, Recovery-Oriented Plans

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - Mark M. Lowis, LMSW, EBP Implementation Specialists, MI Department of Health and Human Services, BHDDA Community Practices and Innovation Section

This presentation teaches the practitioner responsible for facilitating the person-centered planning process in a manner that results in an Individualized Plan of Service with Recovery Goals and strength-based Objectives. Participants will be able to: 1. Describe the meaning of "recovery" as it relates to meaningful goals; 2. Describe at least two for each six levels of person readiness for participation in mental health and substance use treatment; and 3. Describe the deference between "recovery of" and "recovery from" as it relates to facilitating a dialog with a person and supporters who are in the process of defining plan goals and objects for the IPOS.

6. Interaction with Law Enforcement and Responding to Subpoenas

- Qualifies for 1.5 Related MCBAP Education Contact Hours + 1.5 Recipient Rights CEU Hours Category II
 - Neil Marchand, JD, Vice Chair, Miller Johnson's Mental Health Law Practice Group

This session will review a variety of situations that arise when records personnel are asked to provide information related to a patient. Areas covered will include responding to subpoenas and court orders, sufficiency of releases, privileged communications, and confidentiality under section 1748 of the Mental Health Code. Participants will be provided with tools including a Subpoena Response Plan Flowchart. Participants will be able to: 1. Understand the difference between a subpoena and a court order; 2. Understand what documentation is required before releasing confidential information; and 3. Understand whether and when you are required to provide testimony relating to treatment.

7. Boardworks 2.0: Leadership – Legal

- Lisa K. Morse, Consultant, CMH Association of Michigan

This session is designed to provide information on the legal responsibilities of a community mental health agency (CMH) as well as a Prepaid Inpatient Health Plan (PIHP). Areas that will be covered include the Mental Health Code, specifically Chapter 2 on County CMH Programs, the contractual relationship that exists between the Michigan Department of Health and Human Services and the CMH (for both Medicaid services and non-Medicaid services) and what those contracts require, The Open Meetings Act, and the Freedom of Information Act (FOIA). Participants will understand their role in ensuring the legal responsibilities of the CMH are met. Participants will be able to: 1. Understand your statutory obligations under the Mental Health Code; 2. Understand at least 3 of the basic contractual obligations the Boards have with MDHHS; and 3. Examine both the Open Meetings Act and Freedom of Information Act.

11:30am – 12:20pm

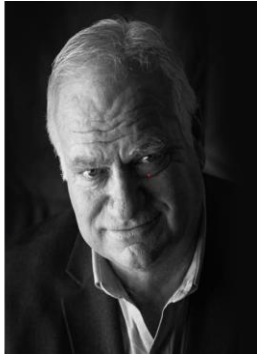
Group Lunch

Keynote: Real Men Do Cry: A Guide to Mental Fitness

- Qualifies for 1 Related MCBAP Education Contact Hour + 1 Recipient Rights CEU Hour Category IV

– *Eric Hipple, Mental Health Outreach Specialist, NFL Alumnus, Detroit Lions*

We are all too familiar with the stresses in life and the damage it can do to the biology and the psyche of a person. Resilience, solution-oriented thinking, positive attitude and decision-making with a strong dose of purpose is the foundation for mental fitness. That doesn't mean that things won't go wrong, they often do in life, but just surviving is not enough, it is also about thriving. Mental health is a continuum; by definition it is a sense of wellbeing where one can reach their full potential and be productive, be part of his or her community, have healthy relationships and handle the normal stresses of life. Mental fitness is a key component in managing our mental health. It gives us the ability to care for ourselves and make sure we're physically and emotionally able to do so.



Eric Hipple is a former National Football League (NFL) quarterback whose ten-year career was spent with the Detroit Lions. Since his 15-year-old son Jeff's suicide, Hipple has devoted his life to building awareness and breaking down the stigma surrounding depressive illnesses. Hipple recently received an Honorary Doctorate for his work in Mental Health from his Alma Mater while giving the commencement speech to the 2019 class at Utah State University. He also received the University of Michigan 2015 Nuebacher Award for work with stigma associated with disabilities, the Detroit Lions 2010 Courage House award and he also received the prestigious 2008 Life Saver Achievement award given by the American Foundation for Suicide Prevention. He co-authored a study examining depression among retired football players, the study appeared in the April 2007 issue of Medicine & Science in Sports & Exercise. He was awarded a presidential citation at the American Psychological Association's 2006 Annual Convention for his six years of national community-based work combating adolescent depression and suicide prevention. His message of resilience has provided mental fitness awareness to professional groups, military, law enforcement, schools, communities and through the "Under the Helmet" program, thousands of high school and youth coaches across the country. In conjunction with NAVY U.S. Fleet Forces, he has provided workshops on suicide and destructive behavior prevention during the last 10 years by focusing on Mental Fitness. His book "Real Men Do Cry" received a publisher Presidential Award. After retiring from University of Michigan's Comprehensive Depression Center, where he spent eleven years in outreach, Hipple is currently working to provide Mental health awareness serving the public with emphasis on military veterans, youth and in the workplace. Eric's commitment to helping others find a quality in life is demonstrated through work with several nonprofits. After the Impact Fund, CNS, SPESA, and Be Nice, a school-based education program sponsored by MIRA (Mental Illness Resource Association).

Concurrent Workshops 8-14:**8. Advocacy 101 – How to be a Successful Advocate**

- Qualifies for 1.5 Related MCBAP Education Contact Hours + 1.5 Recipient Rights CEU Hours Category IV

– *Alan Bolter, Associate Director, CMH Association of Michigan*

What changes may be on the horizon for Michigan's public mental health system? Learn how to become a successful advocate – when to deliver the key message at the key time to the key people. This workshop will outline the legislative and budget processes and discuss how best to interact with legislators and legislative offices.

9. Followership: Because Worthy Leaders are Great Followers

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

– *Dr. Daniel T. Gowdy, EdD Organizational Leadership, Exceed Leadership Development, Inc.*

The leader-follower relationship is the most important relationship in an organization. Followers validate leadership. Yet we seem consumed with just the leadership side of that equation. Followership is a radical approach to leadership; building attractive, strong, and agile organizations capable of succeeding in an increasingly competitive market. Participants will be able to: 1. Articulate Followership; 2. Learn how it can make a positive impact on their organization's culture; and 3. Learn how it can improve employee engagement and accountability to drive meaningful results.

10. Developing Michigan's First Recovery High School

- Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours

– *Dr. Brian Spitsbergen, PhD Education-Counseling, Director of Substance Use Disorder & Behavioral Health, Wellspring Lutheran Services*

The State of Michigan is behind other parts of the country toward adequately serving youth with Substance Use Disorders (SUD). The next step in successfully addressing changes to how we support recovery efforts for youth struggling with SUD is the development and implementation of Michigan's first Recovery High School. This single focused academic environment looks to improve efficacy and successfully assist in maintaining a recovery-based lifestyle. This presentation will provide in depth explanations toward examining steps toward developing the support and infrastructure, discussing timelines for launch, and informing participants about emerging evidence-based practices in the academic setting for youth struggling with SUD. Participants will be able to: 1. Examine how other recovery-based schools operate and how they incorporate recovery-based practices; 2. Discuss current progress toward the integration of the school into existing academic environments and proposed launch date; and 3. Differentiate Recovery High School from other forms of alternative schools and describe what research has been done and what research is still needed.

11. “Conflict-Free” Services: Why the Big Push for This in Michigan and Nationally

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- Annette Downey, MSA, LBSW, Executive Director & CEO, Community Living Services, Inc.
- Lisa Ballien, LBSW, Executive Director, Oakland, Western Michigan and Macomb Divisions of Community Living Services, Inc.

This session provides an overview and discussion about the federal movement toward “conflict-free” services. There will be a review of several service models used in various regions in Michigan. Very individualized Person-Centered Planning approaches will be shared with a very strong community-based focus, along with the successes that have resulted in the lives of people with disabilities through the utilization of Conflict-free Support Coordination services in particular. Participants will be able to: 1. Make a compelling case for the need to change through exposure to the history of the disability rights movement; 2. Cite reasons why there is a need to start thinking, and serving people, differently (CMS settings regulations, Olmstead enforcement, etc.). 3. Expose others to these ideas, resources, and people/agencies like them who are already on board with these changes (videos, links, and success stories); and 4. List examples of Real Life Quality Outcomes and how a focus on these can change the focus of a person's individualized planning process.

12. Whatchu Talmbout, Willis?: Communication Barriers Between Providers and African American Consumers in Urban Communities

- Qualifies for 1.5 Related MCBAP Education Contact Hours + 1.5 Recipient Rights CEU Hours Category I
- Leah D. Mills, LMSW, Clinical Therapist/Consultant, Ntervene, LLC

African Americans of low socio-economic status are often the recipients of educational inequities. Those inequities have been an ongoing and disparaging reality within urban areas and is known to most within the United States educational system as, “The Achievement Gap”. The outcomes of this systemic inequity on African Americans within urban areas are an inability to read and write, thus lacking good comprehension and communication skills. In addition, there has been a disproportionate amount of labeling African American children with a special education designation, within the United States education system, and they often are behind in their scholastic attainment. The negative impact of poor educational quality and proficiency are seen within our agencies when communicating with our African American consumers. Many are unable to fully understand the higher-level conversations and materials presented by health care providers and thus, they engage in consenting to medical, pharmaceutical and therapeutic treatments, and more, because they desire help. The reality of this language and comprehension barrier is often ignored, although it confounds the consumer's ability to give informed consents. The Mental Health Rights Manual speaks to individuals being incompetent to stand trial, but what about one being incompetent to give consent due to their inability to understand the language of their provider? This workshop will discuss the possible communication and comprehension barriers to treatment among African American consumers and a means to overcome the barriers, for the betterment of those you serve.

13. Can You Tell Anyone? Provider Reporting Obligations Under the Child Protection Law, Mental Health Code, and Social Welfare Act

- Qualifies for 1.5 Related MCBAP Education Contact Hours + 1.5 Recipient Rights CEU Hours Category II
- Neil Marchand, JD, Vice Chair, Miller Johnson's Mental Health Law Practice Group

The provider's duties and obligations to disclose confidential information, including information pertaining to abuse or neglect of a child or vulnerable adult. What information is confidential? When and under what circumstances can the information be revealed? To whom should the information be disclosed? How should disclosure be made? Objectives: Participants will: 1. Understand when the duty to warn is triggered; 2. Understand when the duty to report the abuse of a recipient is triggered; and 3. Understand when the duty to report abuse of a child or vulnerable adult is triggered.

14. Boardworks 2.0: Current and Future Funding for CMHSPs and PIHPs (Previously Budgets)

- Carol Mills, MPA, MBA, Chief Executive Officer, Newaygo County Mental Health Center

This workshop will center on the public policy driven financing and accountability expectations for which the board serves as the fiduciary. Participants will be able to: 1. Examine and explore state, federal and local public revenues including each source of revenue, definition as derived by statute, contract and/or public policy directive, conditions for use, determination of amounts to be distributed/available, method of distribution/receipt, application in practice, risk implications, reporting and accounting and audit requirements; and 2. Explore current state initiatives and proposals regarding pending changes to the funding of the CMH system and its potential implications for CMHSPs and PIHPs.

3:00pm – 3:30pm

Exhibitor Refreshment Break

3:30pm – 5:00pm

Concurrent Workshops 15-21:

15. Implementing Integrated Population Health Management through an Integrated Health Dashboard

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- Dr. Angela Pinheiro, Medical Director, CMH for Central Michigan
- Judy Riley, RN, Administrative Nurse, CMH for Central Michigan
- Brian K. McNeill, BS, Chief Information Officer, CMH for Central Michigan

CMH for Central Michigan will be sharing their experiences in implementing their Integrated Population Health Management Program. This will include defining the risk factors that most significantly impact the physical health of our behavior health consumers, our process for design and development of our Integrated Health Dashboard, and how the care teams use this information to proactively intervene to improve health outcomes. Participants will be able to: 1. Identify Population Health Management- what it is and why it is critical; 2. Identify Design and Technology- demonstrating what is achievable; and 3. Identify Teamwork Flow- implementing Population Health Management through team-based care.

16. Michigan Healthy Transitions Project: Improving Services for Transition Age Youth and Young Adults

■ Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

- Leslie D. Pitts, MA LPC, CADC-M, Healthy Transitions Project Director, Michigan Department of Health and Human Services
- Cecilia Nguyen, BBA, BS, CPSS, Healthy Transitions Youth/Young Adult Coordinator, Association for Children's Mental Health
- Finn Marcks, BA, Transition Peer Support Specialist, network180
- Zay Marr, BA, Transition Peer Support Specialist, network180
- Angie Byczynski, MS, LPC, Clinical Supervisor Transition Program, Integrated Services of Kalamazoo

In 2018, MDHHS was awarded a five-year federal grant focusing on transition age youth/young adults ages 16-25 who have Serious Emotional Disturbance (SED) or Serious Mental Illness (SMI). The Michigan Healthy Transition project is currently being piloted in two communities, with the intent to gather data to support system level changes. The project is implementing The Transitions to Independence Process, an evidenced informed practice. This workshop will explore some of the barriers that youth and young adults face as they transition into adulthood, and how they can better be supported through this process. New approaches in engagement and service delivery will be discussed, as well as the key areas in which youth and young adults could potentially need support. Participants will be able to: 1. Gain an understanding of the barriers that transition aged youth and young adults face as they navigate multiple systems; 2. Problem solve ways in which natural supports, service providers, and communities can better accommodate this unique population during their discovery process; and 3. Learn the importance of youth and young adult voice within multiple facets of service delivery and system change.

17. Proven Recovery Solutions for Those with Cognitive Challenges

■ Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

- Sherii Sherban, BS, Michigan State University, EMT, Dementia Capable Care Specialist; Publisher, Adjunct Faculty – Olivet College / Publisher, Senior Times So Central Michigan / Scene Publications
- Steve Frisbie, Paramedic, BS, Robert B. Miller College, Calhoun County Commissioner, Vice President, LifeCare Ambulance Service

As many as 100,000 people living with dementia are at risk for wandering in the state of Michigan creating a challenge for law enforcement and emergency responders. Learn about the solutions created by the Miles for Memories TECH team (To Ensure they Come Home), which integrates personal return technology and multiple disciplines from mental health and medical to law enforcement and emergency responders, along with a consolidated dispatch, to identify the person with dementia and bring them home safely, or transport them to appropriate emergency care. Learn how this successful program saving over \$150,000 in health care and recovery costs in Calhoun County can be duplicated in your region. Participants will receive a Personal I.D. bracelet and learn how to register as well as how to access information as part of the presentation. Participants will also experience demonstrations for the newly released Personal G.P.S. watch and the Personal nugget. Participants will be able to: 1. Identify successful technologies adapted for new uses to meet the increasing demands of those living with dementia, or other cognitive conditions, and their caregivers or guardians; 2. Attain the skills necessary to register to utilize the technology to identify someone that has been lost; 3. Present the methodology utilized to include emergency responders, law enforcement, and a county dispatch to develop and implement a proactive recovery program for the person with dementia. This includes the collaboration for developing the Help Home database, that is accessible in law enforcement vehicles; and 4. Identify the benefits to caregivers, from increased peace of mind to better sleep.

18. Supported Decision Making in Michigan

■ Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

- Mary Shehan-Boogaard, MS-Psychology, QSE-Qualified Sexuality Educator, Community Inclusion Coordinator, Michigan Developmental Disabilities Council
- Salli Christenson, BS-Sociology, Project Coordinator, The Arc Michigan

Parents of individuals with Intellectual and Developmental Disabilities (I/DD), often ask "What will happen to my son or daughter when I am gone?" As young people approach adulthood, families often question whether to pursue guardianship. Supported Decision-Making is an approach that encourages individuals with I/DD to make their own life decisions with support from a trusted circle of family, friends and allies. This presentation will delve into the topic from the perspective that every adult has the right to make decisions, to direct his/her life and to be treated with dignity, as an autonomous adult. Participants will be able to: 1. Define Supported Decision-Making; 2. Review Michigan guardianship statistics; 3. Compare and contrast Supported Decision-Making and Guardianship; and 4. Discuss alternative ways to support individuals that are less restrictive than guardianship.

19. Breaking the Stigma of Addiction

■ Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours

- Linda Davis, Juris Doctorate, Executive Director, Families Against Narcotics/Hope Not Handcuffs

The dictionary defines stigma as "a mark of disgrace associated with a particular circumstance, quality, or person." Unfortunately, the negative consequences and behaviors that often result from addiction can be a source of embarrassment and shame for both the person struggling with the disease and their loved ones. Much of society also stigmatizes addiction, painting those who have a substance use disorder with a wide brush and labeling them as lesser, unworthy people. This adds to the individual shame felt by the person afflicted and can prevent them from seeking help. Families Against Narcotics (FAN) is dedicated to erasing the stigma, stereotypes, and negativity that have been associated with addiction for so long. Our pro-recovery programs—which include Hope Not Handcuffs, peer recovery coaching, and sober living scholarships—help people get into treatment and start their recovery journey in a positive light. We also help affected families heal through our family coaching program. By focusing attention on the positives that recovery can bring to people's lives, we change the community's perception of addiction and the people who struggle with it. In turn, we make it easier for people to reach out for the help they need—and save lives. Participants will be able to: 1. Learn how focusing on the positives of recovery—instead of the negatives and stereotypes associated with addiction—can help erase the stigma associated with the disease; 2. Learn how eliminating the stigma of addiction and "normalizing" treatment can make it easier and less embarrassing/shameful for people to seek help; and 3. Learn how programs that destigmatize substance use disorder and treatment can help people struggling with addiction get started on a continuum of care that can lead to long-term recovery.

20. Increasing and Improving Multi-Cultural Competence Among Behavioral Healthcare Professionals and Key Decision Makers

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

– Hakeem Lumumba, PhD, CAADC, MAT, LPC, LMSW, CCS-M, H.L. Counseling Enterprise, Inc.

Substance Use Disorder and Co-Occurring consumers are highly diverse regarding race, ethnicity, sexual orientation, religious orientation, socio-economic status, geographical locations, physical appearances, and languages. We continue to experience non-traditional consumers (e.g., Asian descent, East India descent, physical disabled, LGBT) seeking treatment for their behavioral health disorders. However, most of our treatment methods are based on Etic viewpoint (i.e., viewing Western concepts of normality and abnormality as applicable to all cultures). As the result, we are experiencing increase consumers' no-show rates and poor follow up. To reverse these trends, behavioral health clinicians and leaders must become culturally competent. So therefore, this presentation will be geared towards improving and increasing cultural competence among providers to improving treatment outcomes among our diverse consumers. Participants will be able to: 1. Analyze their cultural competency barriers; 2. Apply Maslow's Hierarchy of Needs to Behavioral Health Treatment; and 3. Apply Bandura Self Efficacy theory to Behavioral Health Treatment.

21. Boardworks 2.0: Foundations – Ensuring a Consumer Focus

– Julie Barron, BA, Customer Service Rep and Certified Peer Support Specialist, Community Mental Health Authority of Clinton-Eaton-Ingham

– Sara Lurie, MS, LMSW, CAADC, CPC, CEO, Community Mental Health Authority of Clinton, Eaton, and Ingham Counties

The presenters will address the public policy expectations of the community system, reflecting intended beneficiaries as the sole purpose of the existence of the community system itself. Participants will be able to: 1. Identify at least 3 key elements of Commitment to the Life Plan (Person-Centered planning and support); 2. List at least 3 Self-Determination principles; 3. Learn about recovery orientation; 4. Describe the Resiliency perspective; 5. Name 3 key elements to cultural representation; 6. Identify at least two opportunities and/or strategies for building community partnerships and collaboration; and 7. Identify at least two strategies for supporting community capacity building. 8. Learn how Peers can help in Customer Service and Health and Wellness.

5:00pm

Dinner on your own.

6:30pm

Evening Activity – Movie: Coming Up for Air



Coming Up for Air is a breathtaking family drama which takes audiences on an all-too-common journey, highlighting the importance of mental health care, sensible gun safety laws and the pressures that are put upon teenagers to succeed. The mission of the film is to inspire empathy for individuals with mental illness and their families, to explore the complexities of personal responsibility, to demonstrate how crisis intervention can prevent tragedy and to foster community discussions of mental illness and its stigmas.

About the Movie....

Stan is an A-grade, diving champ - looking at an Olympic spot in the men's 10m dive team.

Anna, his mom, is raising him on her own.

But has the pressure to succeed got to him? Can he handle the stress of high-stakes athletic competition as well as his academic grades?

Suddenly his grades and his dives start to fall off and he withdraws into himself with potentially tragic consequences.

Coming Up for Air is a breathtaking family drama which takes audiences on an all-too-common journey, highlighting the importance of mental health care, sensible gun safety laws and the pressures that are put upon teenagers to succeed.

7:30am – 12:00pm

Conference Registration and Exhibits Open

7:30am – 8:45am

Breakfast Activities:

- CMHSP/PIHP Directors and Board Members Regional Breakfast Meetings
- Provider Network Breakfast Meeting
- Non-Members, Exhibitors and Staff Networking Breakfast

8:50am – 9:00am

Boardworks Certificate Presentations

9:00am – 10:00am

Keynote: The Importance of Helping Individuals Achieve their Personal Goals – Resources and Tools

- Qualifies for 1 CE Hours for Social Work + Related MCBAP Education Contact Hour

- Debra A. Pinals, MD, Medical Director, Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services

Helping clients achieve their personal goals using person-centered planning and support in the least restrictive environments are important aspects of CMH services. The importance of people being served in the right place and right time for their needs is a priority. As such, policies like Careflow help the State of Michigan link state hospital services with community mental health to better support clients together. At the same time, the legal regulations of mental health practice require providers to have an awareness of the latest aspects of the mental health code. This talk will review updates on behavioral health, the importance of Careflow as well as the roles of voluntary services and the roles and parameters of assisted outpatient treatments to better support clients with mental health and other challenges. Participants will be able to: 1). Describe the issues with Careflow from community to state hospital to community; 2. Delineate main components of Assisted Outpatient Treatment; and 3. Describe how current policy and law can be utilized to foster engagement of individuals served.



Debra Pinals, M.D. is the Director of the Program in Psychiatry, Law, & Ethics and Clinical Professor of Psychiatry at the University of Michigan and the Medical Director of Behavioral Health and Forensic Programs for the Michigan Department of Health and Human Services. She was the Assistant Commissioner of Forensic Services and the Interim State Medical Director for the Massachusetts Department of Mental Health. She has worked in outpatient, inpatient settings, forensic and correctional facilities, emergency rooms and court clinics, has received public service awards and has been an expert witness in many cases. She is Board Certified in Psychiatry, Forensic Psychiatry, and Addiction Medicine. She has taught and published extensively and lead justice and behavioral health federal grants. She is a past President of the American Academy of Psychiatry and the Law, current Chair of the American Psychiatric Association Council on Psychiatry and the Law, and past Chair of the Forensic Division and current Secretary of the Medical Directors Division of National Association of State Mental Health Program Directors. She is a Senior Consultant to Policy Research Associates, Inc and the SAMHSA GAINS Center.

10:00am – 10:30am

Exhibitor Refreshment Break

10:30am – 12:00pm

Concurrent Workshops 22-27:

22. The Time is Now: A Comprehensive Approach to Address High Utilization of Emergency Services and Hospitalization

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- Julie Bayardo, LMSW, CAADC, Deputy Director for Services, CMH for Central Michigan
- Angela Pinheiro, MD, JD, Medical Director, CMH for Central Michigan
- Renee Raushi, MA, LPC, Utilization Manager, CMH for Central Michigan

High utilization of emergency services and hospitals can have a drastic financial impact and interfere with treatment outcomes and success. Using a consultative approach that is team-based, integration-oriented, and management-supported has been successful in addressing the highest risk population in CMH for Central Michigan (CMHCM). Based on 12-month follow up data on consumers reviewed, we have seen a 56 percent reduction in emergency room visits and 78 percent reduction in inpatient hospitalization. CMHCM implemented a model comprised of clinical and administrative leadership, medical director, administrative nurse, and crisis mobilization intervention team to create an intervention plan to address high utilization and high-risk behaviors. Cases are identified using admission, discharge, transfer data (ADT), number of contacts with crisis staff, or through treatment team referral. CMHCM has also been able to identify trends and systemic issues that we can address for preventative measures. Participants will be able to: 1. Learn how to select team members and establish an efficient workflow process that assures referral, review, and follow up; 2. Learn how to utilize data to identify high risk consumers, agency trends, and outcomes; and 3. Learn how to create a supportive consultative environment that allows for open communication with case holders.

23. MAT in Michigan's Prisons: Assisting Incarcerated Individuals in their Recovery

- Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours
 - David Dawdy, MA, LLP, Mental Health Services Director, Michigan Department of Corrections
 - Elizabeth Boyd, MA, LPC, CAADC, Substance Abuse Service Manager, Michigan Department of Corrections

The Michigan Department of Corrections offer a wide array of services for individuals with Substance Use and Co-Occurring disorders to assist an individual in recovery. In this workshop we will review services offered, including our Medication Assisted Treatment program and discuss the treatment needs of individuals upon reentry into their community. Specific topics we will cover include provider readiness, prisoner benefits, recovery support services, educating MDOC staff and prisoners, and efforts to destigmatize Opioid Use Disorder and MAT. Participants will be able to: 1. Describe the Substance Use and Co-Occurring treatment services offered by the MDOC; 2. Summarize the benefits of Medication Assisted Treatment for Opioid Use Disorder for individuals in criminal justice settings; and 3. Determine the most critical components of reentry for the paroling individual.

24. Children's Special Health Care Services and Mental Health: Working Together to Serve Children and Families with Complex Medical Needs

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - Lonnie Barnett, MPH, Director, Children's Special Health Care Services, MI Department of Health and Human Services
 - Chris Buczek, RN, BSN, Public Health Program Supervisor, Kent County Health Department
 - Terra Depew, BS, Transition Specialist, Children's Special Health Care Services, MI Department of Health and Human Services
 - Kate Jones, Parent Consultant, The Family Center, Children's Special Health Care Center

Children and families with complex medical needs often require a high level of system collaboration to access services and supports. Led by Children's Special Health Care Services (CSHCS) Division Director Lonnie Barnett, panelists will discuss several supports available to families, as well as tips for strong collaboration across systems. Participants will gain a better understanding of services and supports provided to children and their families as they transition to adulthood as well as assistance and peer to peer support provided to families by the CSHCS Family Center. Participants will also hear lessons learned from a strong relationship between local public health and mental health systems, and the benefits of partnership-building. Participants will be able to: 1. Understand the needs of young adults with complex medical needs transitioning to adulthood, and the services available to them through CSHCS; 2. Understand the needs of young adults with complex medical needs transitioning to adulthood, and the services available to them through CSHCS; and 3. Understand the benefits of cross-system collaboration, and how to develop collaborative relationships.

25. Understanding Moral Injury

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - Thomas (Tom) Moore, LMSW, LLP, CAADC, CCS, Owner and Principle, Two Moons LLC

When thinking about the survival, rehabilitation and recovery of wounded warriors, what easily comes to mind involves post-traumatic stress, substance use, depression and anxiety, social anxiety, traumatic brain injury. Moral Injury appears to be another factor significantly impacting those returning from combat. Simply defined Moral Injury involves a disruption in an individual's confidence and expectations about one's own or others' motivation or capacity to behave in a just and ethical manner. Moral Injury is the damage occurring to one's conscience, or moral compass resultant to perpetrating, witnessing, or failing to prevent acts that transgress one's own moral and ethical values/codes of conduct/understanding. Participants will be able to: 1. Define Moral Injury as it relates to current conditions in consumers receiving services; 2. List factors of Moral Injury that are potential impediments to adequate functioning with activities of daily living; and 3. Identify aspects of Moral Injury as it relates to PTSD and other psychiatric diagnosis, both with commonality and differences.

26. Teaching Older Adults Self-Management Approaches to Manage Chronic Pain or Chronic Conditions

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - Dawn Contreras, PhD, Senior Extension Specialist, Michigan State University Extension
 - Sheilah Hebert, MS, MSRD, IBCLC, Extension Educator, Michigan State University Extension, Health and Nutrition Institute

Opioid overdose deaths and opioid use disorder are on the rise among Michigan's older adult population (age 55 and older). Higher percentages of older adults experience chronic pain or chronic conditions and thus may be more likely to be prescribed an opioid medication, increasing their risk for developing an opioid use disorder. This interactive session will introduce participants to two evidence-base programs that teach older adults how to positively manage their chronic pain or chronic disease through self-management strategies. Workshop participants will also learn the evidence-base behind the strategies and get to experience several key activities included in the self-management programs. Participants will be able to: 1. Become more familiar with chronic pain and chronic disease self-management programs from the Self-Management Resource Center (formerly from Stanford University.); 2. Gain increased awareness of the evidence-base behind self-management programs and their efficacy in pain management; and 3. Become aware of opportunities to become a certified instructor of chronic pain and chronic disease self-management programs.

27. Boardworks 2.0: Foundations – Intended Beneficiary Command

- Malkia Newman, Team Supervisor, CNS Anti-Stigma Program, Community Network Services, Inc.

In this workshop you will focus on the public policy expectations of intended beneficiaries from the community system. Participants will be able to: 1. Describe the relationship between the Board, individual beneficiaries and other stakeholders; 2. Identify at least 3 opportunities and/or strategies for promoting and supporting individual beneficiaries in leadership, administrative, management and in the provision of supports, services, care and treatment; 3. Identify at least 3 opportunities and/or strategies for promoting and supporting community individual beneficiaries and other stakeholders with system assessment, evaluation, planning, implementation management, monitoring and improvement efforts; and 4. Identify at least 2 opportunities and/or strategies for promoting and supporting individual beneficiaries choice as an informed, responsible and prudent purchaser.

12:00pm – 12:40pm

Group Lunch

12:40pm – 1:05pm

Keynote: Behavioral Health Transformation Update and Breakout Discussions

– Sarah Esty, Senior Deputy Director, Policy and Planning Administration, Michigan Department of Health and Human Services

In December, MDHHS announced plans to transform Michigan's behavioral health system. The state is proposing a move towards a dedicated statewide crisis and safety net system through the CMHs, with multiple Specialty Integrated Plans to provide comprehensive physical and behavioral health care to individuals with Medicaid – including a statewide public-led plan. MDHHS will provide a brief update about the proposal plans and stakeholder engagement process, then break out into smaller group discussions to receive targeted feedback from attendees.



Sarah Esty oversees the development of major crosscutting policies, such as the departmental opioids strategy, behavioral health system transformation, and community-based health and social services continuums of care. She also leads work around improving health information technology and data interoperability; reducing health disparities; regulatory oversight for major health procedures, equipment, and facility construction; and workforce planning and supports. Previously, Esty worked as a consultant focusing on healthcare and state/local government projects. In this role she advised state health, budget and tax agencies, city executives and state university leaders on topics including Medicaid payment innovation, organizational design, organizational health and culture, lean process redesign and national best practices in healthcare, workforce development, and other areas. She began her career as an advocate and policy researcher for low-income children and families in Connecticut, where she worked with the state legislature and state agencies to improve policies and fund critical programs related to early childhood care and education, healthcare, juvenile justice and workforce development. She has worked on retirement security, local and tribal economic development and the school lunch program at the White House National Economic Council, and has coordinated voter protection efforts in several states as part of a presidential campaign. She earned her bachelor's degree at Harvard University and her J.D. and MBA from Yale University.

1:15pm – 2:15pm

Listening Sessions Regarding the Transformation of Michigan's Behavioral Health System

Conference attendees will be divided into several groups to provide input to the MDHHS Transformation Plan. Additional details coming soon!

2:15pm

Conference Adjourns

HOTEL DETAILS & RESERVATIONS

HOTEL DETAILS:

Radisson Plaza Hotel & Suites, 100 W. Michigan Ave., Kalamazoo, MI 49007

2020 Room Rates: \$133 plus taxes (Single/Double)

When making your reservations, you will be charged one-night NON-REFUNDABLE deposit.

There will be NO PHONE reservations.

Cancellation Deadline: Guests have until 24 hours prior to arrival to cancel without penalty. If a reservation is canceled prior to the 24 hours the one-night non-refundable charge will still apply but there will not be any additional charges. If a guest cancels within 24 hours prior to arrival, in addition to the one-night non-refundable charge, a one-night stay fee will apply.

Parking: Discounted rate for self-parking of \$5 per night/car for *overnight hotel guests*. Parking for *non-hotel guests* will be discounted at \$10.00 per day/car.

Hotel Check In: 4:00pm **Hotel Check Out:** 12:00pm

TO MAKE YOUR RESERVATIONS:

Visit: www.radissonkz.com

Check in & check out dates: enter conference dates only

Occupancy: enter number of rooms and adults

Special Rates: Scroll down and select **Promotional Code**

Enter: **CMHA20 for code**

Click the Red Button “Check Availability”

Make your selection and Complete your Reservation

Deadline for Reduced Rate: January 12, 2020

CONFERENCE REGISTRATION FEES

REGISTRATION FEE (per person)

Full conference registration fee provides you with a program packet, admission to all keynote sessions, all workshops, 2 breakfasts, 2 lunches and all breaks.

	Member Early Bird	Member After 1/17/20	Non-Member Early Bird	Non-Member After 1/17/20
Full Conference	\$417	\$457	\$499	\$548
One Day	\$322	\$362	\$386	\$434

SCHOLARSHIPS AVAILABLE

A limited number of scholarships are available to individuals who receive services and their families. Scholarships will cover conference registration fees only. Consumers who serve as CMH board members are not eligible.

*Deadline to request scholarship: **JANUARY 20, 2020.***

To request a scholarship form, contact Chris Ward at cward@cmham.org or 517-374-6848.

EARLY BIRD DEADLINE: JANUARY 17, 2020

- **Payment will be required prior to attendance.**
- Payment methods available in advance and onsite: credit card, check or exact cash.
- If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHA.
- **Purchase Orders are not considered payment.**
- All No Shows will be billed the full amount.

☐ **Check:** Make payable to CMHA and mail to 426 S. Walnut Street, Lansing, MI 48933

Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least **10 business days** prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.

Evaluation: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact CMHA at 517-374-6848 or through our website at www.cmham.org for resolution.

Severe Weather Policy: Trainings will take place as scheduled and we will not be able to refund training fees. In the event of severe weather, please check the www.cmham.org website for scheduling delays and event updates.

[CLICK HERE to Register for the Winter Conference!](#)

QUESTIONS? Call CMHA at 517-374-6848