



NDTC

NATIONAL DE-ESCALATION TRAINING CENTER

2-day Principles and Practice Course

Course Objectives and Preparatory Information

Course Objectives:

NDTC courses and materials are paid for by the U.S. Department of Justice. The only expense that is not covered during the training is meals, participant travel and billeting. All courses are evidence-based and delivered by certified instructors. The course is not intended to eliminate the necessity of use of force or officer discretion to determine the best approach in particular situations.

The no-cost 2-day course involves the use of psychology, positive body language, ethical influence, and professionalism in appropriate circumstances where physical force may be avoided. Crisis intervention and trauma informed policing are also included to expose officers to circumstances where the subject may have little or no control over their behavior.

Subjects covered include:

1. An overview of De-escalation and recent research validation.
Level 1 training – traditional techniques of procedural justice.
Level 2 training – basic crisis intervention.
Level 3 training – augments traditional de-escalation and crisis intervention with rapid personality identification.
2. Trauma informed policing and crisis intervention.
3. Practical de-escalation techniques including subject pre-conditioning.
4. Officer safety and safe distancing.
5. Personality modelling to improve subject interactions.
6. Active and passive threat states and de-escalation approaches.
7. Body language.
8. Numerous exercises and de-escalation scenarios.

All courses integrate procedural justice, crisis intervention, and personality modelling, and measure each officer's understanding and competency before and after training. The course is DOJ approved and IADLEST certified.

The course delivers best practices in de-escalation including procedural justice, correct de-escalation language, officer adjustment for varying threat stages and environments, body language, conflict management, recognizing mental health and disability issues, and means to adjust interactions based upon rapid personality identification.

Preparatory Information:

1. Attendees should expect to be engaged for eight hours per day for two days. Class time will be determined prior to class (plan for 0800-1700 HRS).
2. Each day the course will consist of lectures, group activities, and discussions.
3. No uniform requirement – dress comfortably (or your agency uniform requirement for classroom setting training).
4. An essential part of this course is interactive participation throughout the course.
5. Weapons are not permitted in class (hosting agency may be able to find an acceptable location for safe weapon storage).
6. Some preparatory material is required and will be forwarded to you via email by NDTC.
7. Attendees should bring notepaper and a pen. Laptop/tablet optional.
8. NDTC does not provide lunch.
9. Contact the host agency for parking availability and directions.
10. Participants are required to attend the course in its entirety to complete the program. The instructor will address any unavoidable absences on a case-by-case basis.
11. Certificates of completion will be provided within 30 days of course completion.

Contact information:

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